



Ooh La La Anti-Aging & Laser Center

Pearl PRE Treatment Instructions

BEFORE Your Pearl Treatment, there are a few things that you need to know!

Prescriptions

It is standard that you take an antibiotic and anti-viral starting 2-3 days before your Pearl Treatment. This is typically **Keflex** and **Valtrex**. These prescriptions will be called into your pharmacy prior to your treatment. Please advise the office if you have **ANY drug allergies**, as this may effect the type of medication you are prescribed.



AVOID any blood thinning supplements or medications such as fish oil, vitamin E, aspirin, ibuprofen, etc. **4-5 days BEFORE** your treatment. (Tylenol is ok)

*You will want to have **Aquaphor** before your treatment as well. This can be purchased at your pharmacy when getting your medications.

Skin Care

You will want to **AVOID** retinols and topical acne medications (salicylic acid and benzoyl peroxide) at least **2 days before** your Pearl Treatment as this can increase sensitivity.

Your skin care routine should consist of **Cleansing and Moisturizing only** 2-3 days before your treatment.

*You will receive a Post Procedure Kit at the time of your treatment.

Arrival

Please plan on arriving at least **60 minutes prior** to your treatment time for topical numbing cream and photos.

You may bring some form of entertainment such as a book or iPod for the 45 minutes you will be numbing – or you can even take a nap!

After your Treatment

Post Procedure instructions may be found on the **“Post Treatment Instructions”** form.

*We will also go over post care with you at the time of your Consultation and again on your appointment date. Please read over **all consents and pre and post care** so that we may answer any questions you may have!

And Finally...

Congratulations on taking the next step in enhancing your skin!

The Pearl is the **Gold Standard** at Ooh La La for reducing fine lines and wrinkles, improving overall tone and texture (including scarring), diminishing pigmentation and brown spots, and **BOOSTING** collagen production!

Please call the office with ANY questions or concerns
618-288-9117