



IPL/ LimeLight PRE & POST CARE INSTRUCTIONS

For best results, please follow these instructions.

Before your IPL treatment:

1. **DO NOT** wear makeup to your treatment.
2. **Avoid any irritants to your skin**, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week before your treatment.
3. **DO NOT** wax or use a depilatory on treatment areas for **1 week** prior to your treatment.

After your IPL treatment:

1. **Avoid sun exposure** and tanning beds to treated areas after treatment (we recommend this indefinitely) Daily sunscreen with an SPF of at least 30 is vital to maintain your improved skin.
2. **Avoid any irritants to your skin**, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week after your treatment.
3. **DO NOT** wax, tweeze or use a depilatory to the treated areas for **1 week** after your treatment.
4. Treated lentigines usually darken after treatment, and crusting begins to form within a few days. This crusting usually resolves in 1 to 3 weeks. It should be allowed to naturally flake off.
5. Call the office if significant crusting occurs beyond the normal flaking of the treated lesions. An antibiotic ointment such as Polysporin or Bacitracin may be recommended.
6. Localized redness may be present and typically resolves within 24 to 48 hours
7. If you do not need make-up for the evening of treatment, wait until the next morning.

Please call us if you have any questions at
618-288-9117